



ABNORMAL PSYCHOLOGY

PSYC 351 – Section 2

Spring, 2018 § Tu/Th 11:00 – 12:15 § Science A201 § University of Wisconsin - Stevens Point

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Office Hours: M 2-3; T/Th 1:00-2:00, or by appt.
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First and foremost, I do anticipate taking maternity leave in the middle of the semester. In considering many factors, it has been determined that I will plan to both start and end the semester, with Dr. Kathryn Goel taking over in the middle. For this reason, I ask for your anticipated flexibility, cooperation, and excellent communication as I plan to also reciprocate to facilitate a successful course for you as students. Please communicate as early as possible and as is necessary with both Dr. Goel and myself regarding anticipated difficulties, concerns, or absences. You can contact Dr. Goel's best by email: kathryngoel@gmail.com or call the main psychology office number if needed: 715-346-2883.

I. Course Description

This course focuses on the research-based examination of the classification, causes, origins (etiology), and treatment of the major psychological disorders including anxiety and mood disorders, schizophrenia, personality disorders, disorders of childhood, and neurological disorders. The course format will include a combination of lectures, discussions, video presentations, small and large group activities, and case studies to facilitate student learning.

II. Prerequisites

This is an advanced course in psychology. Students are required to have accrued six credit hours of psychology courses.

III. Required Text

Sue, D. S., Sue, D. W., & Sue, D., & Sue, S. (2016). *Understanding Abnormal Behavior* (11th ed.). Boston, MA: Cengage Learning.

Note: Additional readings may be assigned throughout the course. Such readings will be handed out in class, made available on-line or through e-mail, and/or put on library reserve with advance notice.

IV. Course Objectives

The main goals for this course are to recognize and classify psychological disorders, understand the basic process of diagnosis, and understand possible etiologies and treatments of psychological disorders. By the end of the course, students will be able to accomplish the following objectives:

1. Understand the historical and cultural foundations of abnormal psychology.
2. Discuss the factors that contribute to the development of psychopathology.
3. Describe the assessment and diagnosis of psychological disorders, demonstrating knowledge of the DSM-V in diagnostic decision-making.
4. Identify various theoretical perspectives and methods of treatment for psychological disorders, with an understanding of what treatments are best for what conditions
5. Demonstrate an appreciation of cultural diversity and how it impacts diagnostic decisions and the treatment of psychological disorders.

6. Critically evaluate research, theory, and popular media in the field of abnormal psychology.

In addition to these course objectives, throughout the course my goal as a professor is also to enhance empathy for people experiencing psychological disorders, to recognize the strengths of individuals and the resources in their environments, and to encourage class discussion about behaviors that are often stigmatized by our society while respecting/maintaining anonymity.

V. Class Expectations

- Attend *every* class. Lectures include material not covered in the text.
- READ the material *before* each class. REVIEW material *after* class.
- Be *respectful* of others. Failure to do so may result in the student being asked to leave class.
- Approach class and assignments as a *professional*. Be present, awake, attentive, and engaged.
- Do not cause distractions. If your cell phone rings during class, I have the right to answer it.
- Complete assignments and exams *as scheduled*, and keep the instructor informed of any barriers to doing so as soon as possible.

VI. Course Materials

The syllabus and grades will be available on Desire 2 Learn (D2L): <http://www.uwsp.edu/d2l/> Announcements, assignments, articles, study guides and powerpoint presentations *MAY* also be posted. Please consult the instructor if you cannot access this website.

VII. Evaluation of Performance

Evaluation of student performance will be based on scheduled exams, quizzes, group projects, and participation). These will total 560 possible points, and final grades will be calculated as a percentage of total points earned.

Exams: There will be four exams over the course of the semester. Exams will consist of multiple choice questions and short answer questions. Each will be worth 100 points. The final exam will NOT be cumulative, and be just like the previous exams. Exams will be closed-book and monitored. Any student caught cheating will receive a score of zero on the exam, as per the academic integrity policy listed below. Students will not be allowed to enter the classroom once the exam has started. Instead a score of zero will be provided for late arrival on exam days.

Quizzes: To place value on the importance of regular attendance and keeping up with the readings, 2 quizzes will occur throughout the semester using D2L. You will have a 48 hour window to complete each of these quizzes. There will be no opportunity to earn these points once the quiz has closed. These quizzes will focus on information from the previous class AND information from the material that should have been read prior to class. Each quiz will be worth 15 points. Dates of quizzes can be found on calendar.

Group Project: Each student will work in a group of approximately 4 students in order to research, summarize, and present to the class on a specific psychological disorder. Each group's disorder will be determined randomly in class. Details of this project will be included on D2L, but the overall goal of the project is for the group NOT to describe the disorder from the textbook, but to identify a research article on the disorder, read and summarize these findings, and present to the class on this literature. Grades will largely reflect accurate use of APA style and the utilization and understanding of research in the field to advance knowledge in abnormal psychology. Each group project will be worth 70 points. Written and oral component to the project. **Submission of written component to D2L is required.**

Reflection Paper: On **3/22/18** class will not be held. Dr. Goel will provide further details, but a reflection paper will be required to demonstrate completion of the assigned reading and/or video. Given the circumstances further details will follow.

Movie Review Paper: By **4/26/18**, each student is expected to watch one of the approved psychologically-based movies listed on D2L, and to discuss aspects of the movie and character development as it relates to Abnormal Psychology. An example of this type of analysis, with further instructions on what is expected, will be posted on D2L for guidance. This paper should be 2-3 pages in length and will be worth 30 points.

Participation: By university policy, regular attendance is expected and required. Thus, I will not give points for simple attendance; you are simply expected to be in class, both in body and mind. However, you will receive a participation grade, worth 30 points. This grade includes my estimation of your preparedness, your asking and answering of questions in lecture, your participation during discussion sessions, and your general attitude in the classroom. Participation grades will be lowered due to use of phones or other electronic devices for purposes outside of class, talking with others in side conversations, working on material not pertaining to the class, sleeping, or exhibiting other inappropriate classroom behavior. While exact points are determined at the end, representative participation grades are as follows.

30: Good to excellent: Spontaneous asking or answering of questions during lecture and discussions; showing evidence as a group leader and active contributor in group work; demonstrating preparedness

20: Some class participation but lacking in spontaneous asking/answering questions; Participation in group project but not as a leader; typically just doing the minimum of what is required.

10: Never to rarely speaking in group discussions or asking/answering questions in lecture; exhibiting a poor attitude toward learning or regularly a distraction in class

VIII. Point Distribution

Point distribution for this course is as follows.

<u>Point Distribution:</u>	<u>Possible</u>	<u>My score</u>
Exam #1	100 pts	_____
Exam #2	100 pts	_____
Exam #3	100 pts	_____
Exam #4	100 pts	_____

Total Points to Final Grade:

A	= 537-580	(92.5-100%)
A-	= 519-536	(89.5-92.4%)
B+	= 502-518	(86.5-89.4%)
B	= 479-501	(82.5-86.4%)
B-	= 461-478	(79.5-82.4%)
C+	= 444-460	(76.5-79.4%)
C	= 421-443	(72.5-76.4%)
C-	= 403-420	(69.5-72.4%)
D+	= 386-402	(66.5-69.4%)
D	= 345-385	(59.5-66.4%)
F	= 0-344	(0-59.4%)

Quiz #1	15 pts	_____
Quiz #2	15 pts	_____
Reflection Paper	20 pts	_____
Movie Review Paper	30 pts	_____
Group Project:	70 pts	_____
Participation 1 st half:	15 pts	_____
Participation 2 nd half:	15 pts	_____
Total:	580 points	_____

Note: Extra credit will NOT be available in this course.

Final grades of "Incomplete" will be given only under extreme circumstances. An Incomplete is not an option for students who feel overwhelmed by academics, work schedules, or extracurricular activities. Typically, an Incomplete must be completed within one semester otherwise an "F" will result.

IX. Make-up Exams and Late Assignments

Make-up exams will be offered only under extreme circumstances (e.g., death in family, accident, medical emergency) decided on a case-by-case basis. In order to qualify for a make-up exam, students must: a) provide a valid excuse for missing the exam and b) schedule a make-up exam within one week of the missed exam. Failure to provide adequate rationale for missing an exam will result in a score of zero points for the exam. Final grades of “incomplete” will be determined in the same way.

D2L submission of required assignments by class time on indicated due date is required to receive full credit (Do not email assignments). Assignments not submitted during or prior to class will result in at least a 10% reduction in credit per day.

Unless you are taking an exam through the Disability and Assistive Technology Center, all make-up exams will be proctored through the Department of Psychology during one of the official times. I will notify you of available times, and you will be expected to schedule during one of these times. Make-up exams should be completed within one week of the original exam date.

X. Students’ Rights & Responsibilities

UWSP values a safe, honest, respectful, and inviting learning environment. In order to ensure that each student has the opportunity to succeed, the University has developed a set of expectations for all students and instructors. This set of expectations is known as the *Rights and Responsibilities* document (link provided on D2L), and is intended to help establish a positive living and learning environment at UWSP.

XI. Academic Integrity

Academic integrity is central to the mission of higher education, particularly to UWSP. Academic dishonesty includes, but is not limited to, cheating, fabrication, falsification, and plagiarism. Plagiarism includes copying or paraphrasing other students’ work, and copying or paraphrasing material from sources (e.g., internet, articles, books) without using quotations or citations. Plagiarism will result in an immediate rejection of the work. Any student who engages in plagiarism will be given the opportunity to repeat the work and have it graded appropriately. Consistent with university policy, a written reprimand will be placed in the student’s disciplinary file. “Accidental plagiarism” – naiveté about what constitutes plagiarism – will not be accepted as a legitimate excuse.

Violation of academic integrity is left to the discretion of the professor of this course. The minimum penalty is a zero for the exam/assignment. For more information, see the UWSP “Student Academic Standards and Disciplinary Procedures” section of the *Rights and Responsibilities* document, Chapter 14. A link to this document is provided on D2L.

To maintain the integrity of in-class exams, the use of electronic devices will not be permitted during exams without prior documented approval from the Disability Services office or other pertinent offices on campus. This includes, but is not limited to, requests to use cellular or wireless network-enabled mobile devices for foreign language translation assistance. Students who are found using these devices will be dismissed and receive a zero for their exams.

XII. Accommodations and Disabilities

The Americans with Disabilities Act (ADA) is a federal law requiring educational institutions to provide reasonable accommodations for students with disabilities. A link to UWSP’s policy is provided on D2L.

If you have a disability and require classroom and/or exam accommodations, please register with the Disability and Assistive Technology Center, if you have not done so already, and then contact the professor at the beginning of the course. For more information, please visit the Disability and Assistive Technology Center, located on the 6th floor of the Learning Resource Center. A link to the Center's webpage is provided on D2L.

XIII. Extra Assistance or Tutoring

If you would like extra assistance related to course materials or have any questions related to your performance in the course, please come by my office hours or set up an appointment. If you would prefer help from a student, you can contact the UWSP Tutoring Learning Center (018 LRC, 715-346-3568) or utilize the Psychology Tutoring Center (contact Kay in the Psychology Department, 715-346-2883).

XIV. Title IX Disclaimer

Given the nature of this course, any disclosure of unreported neglect, physical, or sexual abuse of a child made to a University instructor must be reported to the appropriate administrative or law enforcement officials. Instances of the sexual assault of an adult must also be reported to the University under the Clery Act.

XV. Mandatory Reporting of Illegal Acts

Under several federal and state laws, and according to several university guidelines, I am required to report acts of a criminal or offensive nature that occur both within and outside of class. This includes acts of sexual harassment and assault, bias and hate crimes, illicit drug use, and acts of violence. Any disclosure or description of these incidents – both current and in the past – may be reported to the Dean of Students office (<http://www.uwsp.edu/dos/>) or the local authorities.

XVI. Emergency Responding

In the event of a medical emergency call 911 or use Red Emergency Phone (located outside D230 Science). Offer assistance if trained and willing to do so. Guide all emergency responders to the person in need.

In the event of a tornado warning, proceed to the lowest level interior room without window exposure. See <http://www.uwsp.edu/rmgt/Pages/em/procedures/other/floor-plans.aspx> for floor plans showing severe weather shelters on campus. Avoid wide-span rooms and buildings.

In the event of a fire alarm, evacuate the building in a calm manner and meet on the north side of the Science Building (by the Health Enhancement Center). Notify instructor or emergency command personnel of any missing individuals.

In the event of an Active Shooter – Run/Escapes, Hide, Fight. If trapped in a room, you should hide, lock doors, turn off lights, spread out, and remain quiet. Follow instructions of Emergency Responders.

See UW-Stevens Point Emergency Management Plan at <http://www.uwsp.edu/rmgt> for details on all emergency response procedures at UW-Stevens Point.

Tentative Course Calendar – Spring, 2018

Wk	Date	Topic (s)	Reading	Presentations
1	Tu 1/23 Th 1/25	Syllabus & Introduction to Abnormal Behavior	Chapter 1	
2	Tu 1/30 Th 2/1	Understanding & Treating of Mental Disorders	Chapter 2	
3	Tu 2/6 Th 2/8	Assessment & Classification QUIZ #1 (to be completed 2/8-2/10)	Chapter 3	
4	Tu 2/13 Th 2/15	Research Methods for Studying/Review EXAM #1	Chapter 4 CH 1-4	
5	Tu 2/20 Th 2/22	Anxiety/OCD	Chapter 5	Group 1: Anxiety 2/22
6	Tu 2/27 Th 3/1	Trauma & Stressor-Related Disorders	Chapter 6	Group 2: Trauma 3/1
7	Tu 3/6 Th 3/8	Mood Disorders	Chapter 8	Group 3: Mood 3/8
8	Tu 3/13 Th 3/15	Review & Catch Up Day EXAM #2	CH 5, 6, 8	
9	Tu 3/20 Th 3/22	Eating Disorders No Class – Reflection Paper Due	Chapter 10	Group 4: Eating 3/20
	3/26-3/30	SPRING BREAK		
10	Tu 4/3 Th 4/5	Personality Disorders	Chapter 15	Group 5: Personality 4/5
11	Tu 4/10 Th 4/12	Schizophrenia Spectrum Disorders	Chapter 12	Group 6: Schizo. 4/12
12	Tu 4/17 Th 4/19	Review & Catch up EXAM #3	CH 10, 12, 15	Group 7: Neuro 4/17
13	Tu 4/24 Th 4/26	Neurocognitive & Sleep-Wake Disorders Movie Analysis Paper Due 4/26	Chapter 13	Group 8: Sleep 4/26
14	Tu 5/1 Th 5/3	QUIZ #2 (to be completed 5/1-5/3) Disorders of Childhood & Adolescence	Chapter 16	Group 9: Child 5/3
15	Tu 5/8 Th 5/10	Disorders of Childhood & Adolescence	Chapter 16	Group 10: Child 5/8
Exam #4 (Final) MON, May 14, 12:30 – 2:30 PM SCI A201				

*This calendar is subject to change based on the instructor's discretion. All modifications will be announced in class and placed on D2L. It is the responsibility of the student to stay informed of changes.